SD Card for Installing Spektrum Updates by Andy Kunz

You need a Level 6 or lower card, 32g or lower. For ultimate reliability use a SanDisk or Toshiba card - they're the only 2 companies that make both memory and controllers, and they always use their own products. Everybody else is mix-and-match.

You also need to use a fresh download of the SPM file. While there, grab the two PDFs that have links right under the orange UPDATE button. One of the files tells you about the update, the other is a troubleshooting guide. (This same info is in that guide).